ROAMWISE PRESET // EXPEDITION // ROAD // FIELD INTEL

ANNAPURNA CIRCUIT & THORONG LA

EXPEDITION

20 DAYS // Nepal // Annapurna

Longest ready-made route with remote legs, buffers and deeper exploration.

Cached cinematic itinerary - time-sensitive details must be refreshed before travel.

MISSION PROFILE

PRESET	Expedition
DURATION	20 days
GATEWAY	Kathmandu / Pokhara
BEST WINDOW	Mar-Apr / Oct-Nov

ROUTE SCROLL

- Besisahar - Dharapani
- Chame
- Upper Pisang
- Manang
- Manang Acclimatization
- Yak Kharka
- Thorong Phedi
- Thorong La - Muktinath
- Marpha
- Tatopani

Route order is a cached scaffold. Live conditions take priority.

DAY
01

Besisahar - Dharapani

MORNING

Arrive or begin from Kathmandu / Pokhara. Keep the first movements simple and establish the route rhythm toward Besisahar - Dharapani.

AFTERNOON

Focus on trail access and valley start. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Besisahar - Dharapani; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

Thorong La is a serious high pass. Weather, altitude and local trail advice override a preset schedule.

DAY
02

Chame

MORNING

Start early enough for a relaxed transition toward Chame. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on forest and mountain valley. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Chame; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
03

Upper Pisang

MORNING

Start early enough for a relaxed transition toward Upper Pisang. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on dry-side landscapes and acclimatization. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Upper Pisang; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
04

Manang

MORNING

Start early enough for a relaxed transition toward Manang. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on major acclimatization base. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Manang; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
05

Manang Acclimatization

MORNING

Start early enough for a relaxed transition toward Manang Acclimatization. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on high hike and recovery. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Manang Acclimatization; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
06

Yak Kharka

MORNING

Start early enough for a relaxed transition toward Yak Kharka. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on higher grazing country. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Yak Kharka; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
07

Thorong Phedi

MORNING

Start early enough for a relaxed transition toward Thorong Phedi. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on pass staging. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Thorong Phedi; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
08

Thorong La - Muktinath

MORNING

Start early enough for a relaxed transition toward Thorong La - Muktinath. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on high-pass crossing and descent. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Thorong La - Muktinath; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
09

Marpha

MORNING

Start early enough for a relaxed transition toward Marpha. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on apple country and stone village. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Marpha; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
10

Tatopani

MORNING

Start early enough for a relaxed transition toward Tatopani. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on lower valley and hot-spring sector. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Tatopani; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
11

Ghorepani

MORNING

Start early enough for a relaxed transition toward Ghorepani. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on forest climb and ridge villages. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Ghorepani; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
12

Poon Hill

MORNING

Start early enough for a relaxed transition toward Poon Hill. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on sunrise ridge and descent. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
13

Poon Hill Slow / Buffer

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
14

Poon Hill Slow / Buffer Slow / Buffer

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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DAY
15

Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
16

Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
17

Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
18

Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
19

Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow /

MORNING

Start early enough for a relaxed transition toward Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on slower neighborhood exploration, rest, weather buffer and spontaneous local discoveries. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Poon Hill Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer Slow / Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

FIELD INTEL

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DAY
20

Pokhara Buffer

MORNING

Start early enough for a relaxed transition toward Pokhara Buffer. Keep transport flexible and protect daylight for the best landscapes or heritage stops.

AFTERNOON

Focus on recovery and transport contingency. Prioritize one or two strong experiences rather than racing through a checklist.

EVENING

Settle around Pokhara Buffer; choose a local meal, short sunset/market walk, then review the next day's weather, transport and opening conditions.

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ROAMWISE // LOCAL INTELLIGENCE

Annapurna Circuit & Thorong La

EAT LOCAL

Dal bhat, noodle soups, Tibetan-influenced high-valley food

MOVE LIKE A LOCAL

Trek + local jeep segments where appropriate; road development changes stage character

LOCAL NUANCE

Thorong La needs acclimatization and weather judgment, not schedule pressure

VISUAL SIGNATURE

Marsyangdi valleys, Manang culture, high pass and Kali Gandaki landscapes

Cached destination context. Verify weather, access, permits, prices, opening hours and safety conditions before travel.